



Adult Mental Health Initiative
Benton, Sherburne, Stearns & Wright Counties
www.mnmentalhealth.org

Mental Health Awareness Month Training Day

The COMMUNITY Adult Mental Health Initiative (CAMHI) is inviting you to join us for another fantastic all-day training on Tuesday, May 19, 2026. This training is designed for individuals living with mental health conditions, their family members, service providers, and community members who either reside in or work within Benton, Sherburne, Stearns, or Wright County.



Tuesday, May 19, 2026



The Park Event Center
500 Division Street
Waite Park, MN 56387



9:00am to 4:00pm



Cost: \$20 per person



Please register
HERE by 11:59pm
on Tuesday, May 12,
2026



Speakers & Topics Include:

- Dr. Dan Janiczak: *Psychiatric Medication**
- Breanna Heintzelman: *Stress Response Cycle and Burnout*
- Josh Dye: *Authentic Influence Communication That Moves Clients & Co-Workers to Action*
- Chris Egert: *Chickenwing: A Story About Identity, Resilience and Choosing What Comes Next*

Advance registration is **REQUIRED** for this event. Deadline to register is May 12th at 11:59pm (CST). There is a non-refundable \$20 registration fee** for this event. This fee covers all training sessions, lunch, and CEUs through the Minnesota Board of Social Work.

*Please use this [LINK](#) to submit questions in advance for this session.

**Individuals with a serious and persistent mental illness may qualify for a scholarship to cover registration fee. Please email camhi@co.benton.mn.us for details.