



Adult Mental Health Initiative
Benton, Sherburne, Stearns, Wright Counties

Central MN Housing Resource Guide

mnmentalhealth.org

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COUNTY AGENCIES

Benton County	www.co.benton.mn.us
Human Services	800-530-6254, 320-968-5087
531 Dewey Street Box 740 Foley, MN 56329	
Sheriff's Office	320-968-7201
581 Highway 23 Box 159 Foley, MN 56329	
Sherburne County	www.co.sherburne.mn.us
Health and Human Services	800-433-5239, 763-765-4000
Sheriff's Office	763-765-3500
13880 Business Center Drive NW Elk River, MN 55330	
Stearns County	www.co.stearns.mn.us
Health and Human Services	800-450-3663, 320-656-6000
Sheriff's Office	320-259-3700
705 Courthouse Square St. Cloud, MN 56303	
Wright County	www.co.wright.mn.us
Health and Human Services	800-362-3667, 763-682-7400
3650 Braddock Avenue NE, Suite 2100 Buffalo, MN 55313	
Sheriff's Office	763-682-1162
3800 Braddock Avenue NE Buffalo, MN 55313	

HOMELESS ACCESS RESOURCES

All individuals looking to obtain housing assistance or services should have a homeless assessment completed and get on the Coordinated Entry list.

Coordinated Entry- Call to Connect 1-866-560-7464
www.cmhp.net

Coordinated Entry is a process that allows organizations throughout Central Minnesota to share a common intake and assessment tool in order to better coordinate efforts and address the needs of the homeless. This allows agencies working with people to make consistent, effective, and efficient service matches throughout the Continuum of Care region, creating a "no wrong door" network so those in need can be matched with appropriate services regardless of the organization at which they initially sought assistance. Coordinated Entry allows service providers to move beyond asking "what can my organization do for this person?" to "what service plan, using all the resources available in the community, can best meet this person's needs?"

HUD funded housing programs are required to use Coordinated Entry to fill vacancies in their programs.

EMERGENCY SHELTERS

Anna Marie's Alliance

(for individuals, men and women, who have experienced relationship abuse and their children)

Box 367 St. Cloud, MN 56302

320-253-6900 Fax: 320-253-5563

www.annamaries.org

Lincoln Center

630 Lincoln Ave. S.E. St. Cloud, MN 56304

320-342-2232

<https://homelesshelpinghomeless.org/>

Place of Hope Ministries (enter at Door #4)

511 9th Avenue N. St. Cloud, MN 56303

320-203-7881 Fax: 320-203-7882

www.placeofhopeministries.org

Salvation Army

400 Highway 10 S. St. Cloud, MN 56304

320-252-4552 Fax: 320-252-1424

<http://salvationarmynorth.org>

Terebinth Refuge

(for sexually trafficking/exploitation women)

110 2nd St S. Waite Park, MN 56387

320-428-4707

www.terebinthrefuge.org

INTENSIVE RESIDENTIAL TREATMENT SERVICES (IRTS)

Bestwood

1506 33rd Ave. N., St. Cloud, Mn 56303

320-774-1187 Fax: 320-774-1188

info@bestwoodagency.com

Fresh Start (Female only, specializes in DBT)

1610 E First Street Duluth, MN 55812

218-724-2945 Fax: 218-724-0699

Libin

740 12th Ave. South, St. Cloud, Mn 56301

320-281-0008

info@libinprogram.org

Spring Path

633 Upland Avenue NW Elk River MN 55330

763-241-2142 Fax: 763-441-4771

Refractions

22575 43rd Avenue St. Augusta, MN 56301

12256 Fountain Road Little Falls, MN 56345

1509 24th Avenue N St. Cloud, MN 56303

1-844-455-IRTS (4787)

320-252-6017 Fax: 320-252-6278

320-313-1705 Fax: 320-316-2371

320-391-0679 Fax: 320-262-8392

Outstate IRTS

<https://licensinglookup.dhs.state.mn.us>

TRANSITIONAL HOUSING

Anna Marie's- Jill Eckhoff
Box 367 St. Cloud, MN 56302

320-253-6900 Fax: 320-253-5563
www.annamaries.org

Catholic Charities – DOMUS Transitional Housing
P.O. Box 1416 St. Cloud, MN 56302

320-259-9270 Fax: 320-259-4967
www.ccstcloud.org

Dream Center (single men)
529 16th Ave N. St. Cloud, MN 56303

320-650-1550 Fax: 320-774-1264
www.dreamcenterstcloud.org

Place Of Hope
511 9th Ave. N. St. Cloud, MN 56303

320-203-7881 Fax: 320-203-7882
www.placeofhopeministries.org

Salvation Army – Central Minnesota Program
400 Highway 10 S St. Cloud, MN 56304

320-252-4552
<http://salvationarmynorth.org>

BOARD AND LODGE

Cumming's Care Center
216 3rd Avenue S Box 7 Sauk Rapids, MN 56379

320-251-3447
<http://cummingscarecenter.com/>

Dream Center of St. Cloud (single men)
529 16th Avenue N St. Cloud, MN 56303

320-656-1550 Fax: 320-774-1264
www.dreamcenterstcloud.org

Eagle's Healing Nest (Veterans only)
310 Highway 71 N Sauk Centre, MN 56378

320-351-6200
<https://eagleshealingnest.org/>

Homestyle Living
1312 First Street N St. Cloud, MN 56303

320-281-3704 Fax: 320-253-1671

Murphy's Boarding Home
1101 3rd Street N St. Cloud, MN 56303

320-251-6567

Place of Hope Ministries
511 N 9th Avenue St. Cloud, MN 56303

320-203-7881 Fax: 320-203-7882
www.placeofhopeministries.org

Rivercrest – Chronic Inebriate Housing
1315 Lincoln Avenue SE St. Cloud, MN 56304

320-217-7970 Fax: 320-217-7971
www.centercityhousing.org

Washington Place LLC
820 8th Avenue S St. Cloud, MN 56301

320-203-1707

ADULT FOSTER CARE

Contact your county social service agency:

Benton County Human Services

531 Dewey Street Box 740 Foley, MN 56329

800-530-6254, 320-968-5087

www.co.benton.mn.us

Sherburne County Health and Human Services

13880 Business Center Drive Elk River, MN 55330

800-433-5239, 763-765-4000

www.co.sherburne.mn.us

Stearns County Health and Human Services

705 Courthouse Square St. Cloud, MN 56303

800-450-3663, 320-656-6000

www.co.stearns.mn.us

Wright County Health and Human Services

3650 Braddock Avenue NE, Suite 2100 Buffalo, MN 55313

800-362-3667, 763-335-0275

www.co.wright.mn.us

RAPID RE-HOUSING

Lutheran Social Services

22 Wilson Ave NE, St Cloud, MN 56304

320-251-7700

www.lssmn.org

Tri-CAP

1210 23rd Ave S, Waite Park, MN 56387

320-251-1612

www.tricap.org

PERMANENT SUPPORTIVE HOUSING

Contact provider for qualification:

Accessible Space

651-645-7271

www.accessiblespace.org

Catholic Charities – Housing Services

157 Roosevelt Road Suite 200 St. Cloud, MN 56301

320-229-4576 Fax: 320-253-7464

www.ccstcloud.org

Catholic Charities

157 Roosevelt Road, Suite 300, St. Cloud, Mn 56301

320-240-3326 Fax: 320-240-3339

www.ccstcloud.org

❖ Bridges Housing Vouchers

❖ CommUNITY Adult Mental Health Initiative Housing Vouchers

Central Minnesota Habitat for Humanity

3335 W. St. Germain St, Suite 108, St. Cloud, MN 56301

320-656-8890 Fax: 320-656-8841

www.cmhfh.org

Central Minnesota Housing Partnership, Inc.

37 28th Avenue N Suite 102 St. Cloud, MN 56303

320-259-0393 Fax: 320-259-9590

www.cmhp.net

Central Minnesota Mental Health Center (CMMHC)

1321 13th St. N. St. Cloud, Mn 56303

320-252-5010

www.cmmhc.org

- ❖ ACT Housing Vouchers
- ❖ Coming Home St. Cloud
- ❖ HUD Continuum of Care (CoC) Rental Assistance Seven Grant (formerly Shelter Plus Care)

HousingLink (Affordable housing search resource)

612-522-2500

www.housinglink.org**Housing & Redevelopment Authority (HRA)**Benton, Sherburne, Wright & St. Cloud city limits:

1225 W St. Germain Street St. Cloud, MN 56301

320-252-0880 Fax: 320-252-0889

Rural Stearns County:

401 West Wind Court Cold Spring, MN 56320

320-685-7771 Fax: 320-685-7580

www.stcloudhra.comwww.co.stearns.mn

- ❖ Housing Choice Voucher (Section 8)
- ❖ Public Housing

Minnesota Homeownership Centerwww.hocmn.org**Rise**

3400 First Street N. Suite 105 St. Cloud, MN 56303

320-656-5608 Fax: 320-656-5617

www.rise.org**Tri-CAP, Inc.** (Benton, Sherburne & Stearns)

1210 23rd Ave S. Box 683 Waite Park, MN 56387

888-765-5597, 320-251-1612 Fax: 320-255-9518

www.tricap.org**US Department of Housing and Urban Development**

(Low-rent apartment search)

www.hud.gov/apps/section8/index.cfm**Veterans Administration Medical Center**

4801 Veterans Drive, St. Cloud, Mn 56303

320-252-1670

www.stcloud.va.gov

- ❖ Grant Per Diem
- ❖ HUD/VASH Grant

Wright County Community Action, Inc.

130 W Division Street Maple Lake, MN 55358

320-963-6500 Fax: 320-963-5745

www.wccaweb.com

HOUSING FUNDS

Family Homeless Prevention Assistance Program (FHPAP)- Referrals come from Coordinated Entry

- ❖ **Catholic Charities Youth Transitions Services**

911 18th Street N, St. Cloud, MN 56303

320-229-6035

www.ccstcloud.org

- ❖ **Lutheran Social Services**

22 Wilson Ave NE, St Cloud, MN 56304

320-251-7700

www.lssmn.org

❖ **Rise**
3400 First Street N Suite 105 St. Cloud, MN 56303

320-656-5608 Fax: 320-656-5617
www.rise.org

Requires Provider Referral for Assistance

Emergency Food and Shelter Program (EFSP) – Catholic Charities

320-650-1550

Good Samaritan

www.ccstcloud.org/services/emergency/good-samaritan-fund

Helping Hands- Catholic Charities

320-229-6035

Self or Provider Referral for Assistance

County Emergency Assistance

Contact your county of residence

CAMHI Flex Funds

Email camhi@co.benton.mn.us for request form

30 Day Foundation

<https://www.the30-daysfoundation.org/>

HOUSING STABILIZATION/TRANSITION SERVICES

Housing Stabilization Services

Housing Stabilization Services is a Medical Assistance benefit to help people with disabilities and seniors find and keep housing. Services began July 2020. Housing stabilization services are state plan (not waiver) Home and Community-Based Services (HCBS).

It is a Medical Assistance (MA) benefit for people with disabilities and seniors who are homeless, at risk of homelessness, at risk of institutionalization, or living in an institution. Housing Stabilization Services help people find and keep housing.

There are three types of Housing Stabilization Services:

- Housing transition services: A housing transition services provider (a person or agency) helps a person plan for, find, and move into housing.
- Housing sustaining services: A housing sustaining services provider (a person or agency) helps a person keep their housing after they have moved in.
- Housing consultation: A housing consultant helps a person without MA case management develop a person-centered plan that addresses their needs, wants, and goals for living in the community.

For additional information/to apply: <https://mhcpproviderdirectory.dhs.state.mn.us>

Transition from Residential Treatment to Housing Support

Transition from Residential Treatment is a newer Housing Support benefit that allows licensed facilities, such as an Intensive Residential Treatment Services (IRTS), residential crisis, or a residential Substance Use Disorder (SUD) treatment facility, to make a referral for housing funding services.

Client must be in a licensed facility and, upon discharge, would be homeless. The behavioral health provider must complete a Professional Statement of Need (PSN) and complete Section 5 when the discharge date is known. The client will then be eligible for up to three (3) months of Housing Support without needing to verify income or assets. After the three months, the client can either apply for

traditional housing support or stop receiving housing support, depending on their situation. The PSN needs to be submitted by the behavioral health provider and be submitted to the County Financial Worker or turn it in with the combined application form (CAF) application, depending on the client's circumstance.

To be eligible, clients must be a resident of Minnesota and have an current ID.

For more information, go to the following website: www.mn.hb101.org

ADDITIONAL RESOURCES

Beyond Backgrounds	beyondbackgrounds@housinglink.org
Bridges MN (roommate matching, housing w/supports)	320-230-3422 www.bridgesmn.com
CommUNITY Adult Mental Health Initiative (CAMHI)	www.mnmentalhealth.org
Central Minnesota Council on Aging	320-253-9349 www.cmcoa.org
Central Minnesota Legal Aid	320-253-0138 www.centralmnlegal.org
Disability HUB MN	866-333-2466 https://disabilityhubmn.org/
Housing Benefits 101 (HB101)	www.mn.hb101.org
HOME Line	612-728-5767 or 866-866-3546 www.homelinemn.org
HousingLink	www.housinglink.org
Housing Stabilization	https://mhcpproviderdirectory.dhs.state.mn.us
Minnesota Assistance Council for Veterans (MACV)	833-222-6228 www.mac-v.org
Mid-Minnesota Legal Aid	800-292-4150 www.mylegalaid.org
Open Doors for Youth	763-441-1473 www.opendoorsforyouth.org
Senior Linkage Line	800-333-2433 https://mn.gov/seniorlinkage-line
Tenant-landlord letter-writing tool from Hello Landlord	www.norent.org

HOUSING TYPES

Adult Foster Care- Individual waiver services that provide ongoing residential care and supportive services to adults living in a home licensed as family foster care or a community residential setting (CRS). These services are individualized and based on the needs of the adult, as identified in the support plan.

Affordable Housing- Affordable housing is generally defined as housing on which the occupant is paying no more than 30 percent of gross income for housing costs, including utilities.

Board and Lodge- A type of housing for individuals that provides a room or place to stay. Some Board and Lodge facilities are considered Lodging Establishments with Special Services. Each Board and Lodge facility can look very different.

Community residential setting (CRS)- A licensed residential setting that serves adults and where the license holder does not reside. This setting typically uses a shift-staff model of support (i.e., paid staff work shifts on a 24-hour basis). In this type of setting, at least one person receives foster care or supported living services funded by an HCBS waiver program.

Family foster care setting- A licensed family foster care setting where the license holder resides in the home.

Housing Supports (formerly Group Residential Housing (GRH))- The Housing Support program pays for room and board for seniors and adults with disabilities who have low incomes. The program aims to reduce and prevent people from living in institutions or becoming homeless.

Over 20,000 Minnesotans receive Housing Support assistance each month to help pay for rent and food. About 27% of program recipients also receive Housing Support supplemental service funding to provide other services, including but not limited to: medication reminders, assistance with transportation, arranging for meetings and appointments, and arranging for medical and social services.

Integrated Community Supports (ICS)- Services that provide support and training/habilitation in community living service categories to adults age 18 and older who reside in a living unit of a provider-controlled ICS setting (e.g., apartment in a multi-family housing building). ICS can be delivered up to 24 hours per day in the person's living unit or in the community.

Support in community living service categories: Cueing, skill maintenance, guidance, instruction, assistance with activities of daily living, assistance with coordination of community living activities or direct supervision within an allowable community living service category.

Training in community living service categories: Skill-building and instructional services to acquire, retain and improve the person's experience living in the community within an allowable community living service category. Training must meet the person's identified needs.

ICS setting: A setting in which a provider has an approved setting capacity report and has direct/indirect control over a person's living unit. A provider has direct or indirect control over a person's living unit when the provider either:

Owns, operates or leases the living unit.

Has direct or indirect financial interest in the property or housing, including a financial relationship with the property owner.

ICS settings have a minimum capacity of three or more living units for the delivery of ICS services.

An ICS setting does not meet the requirements for a person's own home, community residential program or family residential program.

Living unit: A self-contained living unit (e.g., apartment) with living, sleeping, eating, cooking and bathroom areas.

ICS is available to adults who live in an ICS setting. For a list of approved ICS settings, refer to CBSM – Resource: Integrated community supports (ICS) settings. If the provider does not own, operate or lease the living unit(s) or have direct or indirect financial interest in the property or housing where services are delivered, refer to CBSM – Individualized home supports instead.

Effective Jan. 1, 2021, ICS is available to adults on the following waivers:

Brain Injury (BI).

Community Access for Disability Inclusion (CADI).

Effective Jan. 1, 2023, ICS is available to adults on the following waivers:

Community Alternative Care (CAC).

Developmental Disabilities (DD).

DD Waiver only

ICS meets the habilitation requirement for the DD Waiver. For more information about this requirement, refer to CBSM – Habilitation.

Market Rate Housing- Market-rate housing is housing that is not subsidized and is rented or owned at market value or market-rate rents. It is based on demand and market values in the area, and does not receive special government benefits. Market-rate housing can be existing housing or part of a proposed development.

Permanent Supportive Housing- Permanent supportive housing is affordable rental housing that includes services which support residents in improving their quality of life. It is often for people who are homeless and have difficulties getting and keeping housing. If you live in permanent supportive housing, you pay a portion of your income for rent and you get services for free.

Permanent supportive housing is available in many locations across the state. In some cases, all apartments in a building could be supportive housing. In other locations, a few supportive housing units might be in a

mixed-use building that includes market-rate rentals or offices. Elsewhere, you may be able to choose your own apartment, get help paying for it, and get free supportive services, similar to how the Section 8 housing choice voucher program works.

Supportive housing is funded by state, federal, and private agencies and is owned and managed by different local organizations. Each local organization that runs supportive housing may have different priorities for whom they serve. They may also use different methods to reach out to eligible people in their area.

Project Based Section 8- Project Based Section 8 housing is a government-funded program that provides rental housing to low-income households in privately owned and managed rental units. The subsidy stays with the building; when you move out, you no longer have the rental assistance. Most units rental cost will be 30% of your household adjusted gross income. There may be a variety of housing types available through this program including single-family homes, townhomes, or apartments.

Public Housing- Public Housing is a government-funded program that provides rental housing to low-income households. Renters in Public Housing units pay 30% of their income for rent* while some units may have a low fixed rent amount. Some of the buildings are older and more basic. This subsidy generally stays with the building; when you move, out you no longer have the rental assistance.

Rapid Re-housing- Rapid re-housing is an intervention, informed by a Housing First approach that is a critical part of a community's effective homeless crisis response system. Rapid re-housing rapidly connects families and individuals experiencing homelessness to permanent housing through a tailored package of assistance that may include the use of time-limited financial assistance and targeted supportive services.

Subsidized Housing- Housing that receives some form of financial assistance from the government through the use of operating subsidies, tax credits or rent payments in order to make the rent affordable to low-to-moderate income renters. These programs were established to provide decent, safe rental housing for eligible low-to-moderate income families, the elderly, and persons with disabilities.

Transitional Housing- HUD defines the term transitional housing as “a project that is designed to provide housing and appropriate supportive services to homeless persons to facilitate movement to independent living. The housing is short-term, typically less than 24 months. In addition to providing safe housing for those in need, other services are available to help participants become self-sufficient.

Voucher programs- Housing vouchers allow very low-income families to choose and lease decent, and affordable privately-owned rental housing. The participant pays 30% of their income towards housing.

HOUSING ACRONYMS

ACT- Assertive Community Treatment

Bridges RTC- Bridges Regional Treatment Center

CDBG- Community Development Block Grant

CE- Coordinated Entry

CMHP- Central Minnesota Housing Partnership
CoC- Continuum of Care
DHS- Department of Human Services
EFSP- Emergency Food and Shelter Program
FHPAP- Family Homeless Prevention Assistance Program
ELHIF- Ending Long-Term Homeless Initiative Fund
FMR- Fair Market Rent
GPD- Grant Per Diem
GRH- Group Residential Housing
HAP- Housing Assistance Payment
HB 101- Housing Benefits 101
HCV- Housing Choice Voucher (Section 8)
HMIS- Homeless Management Information System
HQS- Housing Quality Standards
HRA- Housing Redevelopment Authority
HSAMI- Housing Supports for Adults with Mental Illness
HTF- Housing Trust Fund
HUD- US Department of Housing and Urban Development
HUD-VASH- Veterans Affairs Supportive Housing Program
LTH- Long Term Homeless
LTH-SSF- Long Term Homeless- Supportive Service Fund
MHFA- Minnesota Housing Finance Agency
MHIS- Minnesota Health Information System
MOU- Memorandum of Understanding
NOFA- Notice of Funding Availability
PATH- Prevention Assistance and Temporary Housing
PBVP- Project-Based Voucher Program
PSH- Permanent Supportive Housing
RFP- Request for Proposal
RRH- Rapid Re-Housing
S+C- Shelter Plus Care (HUD-CoC Rental Assistance Program)
SHP- Supportive Housing Program
SRO- Single-Room Occupancy

GLOSSARY

Adult Foster Care: Licensed, sheltered living arrangement for up to four functionally impaired adults in a family - like environment. Adult foster care is available to persons age 18 years or older. Adult foster homes provide food, lodging, protection, supervision and household services. They may also provide living skills assistance or training, medication assistance and assistance safeguarding cash resources.

Adult Rehabilitative Mental Health Services (ARMHS): also known as the “MA Rehab Option” and Adult Mental Health Crisis Response Services are Medical Assistance (MA) State Plan Mental Health Services.

Advanced Psychiatric Directive: A written tool used to make mental health care decisions when an individual is unable to do so because of incapacity.

Assertive Community Treatment (ACT): An intensive, non-residential rehabilitative mental health service that is an identified evidence-based practice. ACT services are provided by multidisciplinary staff using a team approach, and directed to adults with a serious mental illness who require intensive services.

Assessment: Process of identifying: a) a person's strengths, preferences, functional skills and need for support and services; b) the extent to which natural supports are able to meet the person's need for support and services; and c) the extent to which human services agencies and providers are able to provide or develop needed support or services.

Brain Injury (BI) Waiver: Home and community - based services necessary as an alternative to institutionalization that promote the optimal health, independence, safety and integration of an eligible person **and** who would otherwise require the level of care provided in a specialized nursing facility or neurobehavioral hospital.

Case Manager: An individual who organizes and coordinates services and supports for adults with mental health concerns.

Case Management Services: Includes a functional assessment, individual community support plan, referral and assistance in getting needed mental health and other services, coordination of services and monitoring of the delivery of services.

Community Access for Disability Inclusion (CADI) Waiver: Home and community based services necessary as an alternative to institutionalization that promote the optimal health, independence, safety and integration of a person who would otherwise require the level of care provided in a nursing facility.

Community Support Plan: Person-centered plan that reflects a person’s needs and preferences.

Community Support Program (CSP): Services designed to help adults with serious and persistent mental illness to function and remain in the community. These services may include; medication monitoring, assistance in independent living skills, crisis, psychological rehabilitation, and help in applying for government benefits.

Counselor/Therapist: A professional who helps with personal, social, or psychological problems.

Crisis Services: Provides specific short-term care and intervention strategies to a person due to the need for relief and support. This includes addressing both medical and behavioral needs.

Day Treatment: A short-term structured program consisting of group psychotherapy and other intensive therapeutic services provided by a multidisciplinary team. Day treatment services are provided to stabilize a recipient's mental health status while developing and improving his/her independent living and socialization skills. The goal of day treatment is to reduce or relieve the effects of mental illness and provide training to enable the recipient to live in the community.

Diagnosis (Dx): The identification of a disease or problem from signs and symptoms.

Disability: Inability to engage in substantial gainful activity by reason of any medically determined physical or mental impairment that can be expected to last for a continuous period of not less than 12 months.

Evidence-Based Practices: Interventions which have consistent scientific evidence showing that they improve client outcomes.

Federal Poverty Guidelines (FPG): Index of poverty in the United States that is updated annually; the measure forms the basis of eligibility for a number of programs.

Fee-For-Service (FFS): Payment to a provider for the provision of services on a service-by-service basis.

General Assistance Medical Care (GAMC): A state-funded program that covers low income individuals who qualify for MA but are not categorically eligible for MA benefits (that is, they are not elderly, not disabled, not parents of minor children, not under age 21).

Group Residential Housing (GRH): A state-funded income supplement program that pays for room-and-board costs for low-income adults who have been placed in a licensed or registered setting with which a county human service agency has negotiated a monthly rate.

Health Maintenance Organization (HMO): Organization that provides an agreed-upon set of basic and supplemental health maintenance and treatment services to an enrolled group of persons in a particular geographic area.

Independent Living Skills (ILS): Services that develop and maintain the community living skills and community integration of a person. ILS is provided in the home of a person or in the community.

Intensive Residential Treatment Services (IRTS): A short-term (90 day max), service provided in a 24 hour, 7 day a week residential setting to individuals who are in need of a more restrictive setting and are at risk of significant functional deterioration. Services are designed to develop and enhance psychiatric stability, personal and emotional adjustment, self-sufficiency, and skills to live in a more independent setting.

Jarvis: Law concerning non-compliant use of psychotropic medications.

Local Advisory Council (LAC) on Mental Health: The Mental Health Act of 1987 and the Children's Mental Health Act of 1989 require counties to establish local mental health advisory councils. The Act gives LAC's a broad role in the review, evaluation and planning of local mental health systems and reporting to the county board. Minnesota Statute 245.466.

Medical Assistance (MA): Minnesota's basic Medicaid program.

Mental Health: Refers to how a person thinks feels and acts when faced with life's situations. It is how people look at themselves, their lives and the other people in their lives; evaluate the challenges and the problems; and explore choices. This includes handling stress, relating to other people and making decisions. Mental health is impacted by genetics, brain chemistry, trauma and environment.

Mental Health Practitioner: Person who provides services in the treatment of mental illness, under the supervision of a mental health professional.

Mental Health Professional: Licensed Psychologist, Licensed Psychological Practitioner, Licensed Independent Clinical Social Worker, Clinical Nurse Specialist Mental Health, Licensed Marriage and Family Therapist or Psychiatrist providing clinical services in the treatment of mental illness. These licensed professionals are able to complete diagnostic assessments to determine appropriate diagnoses and treatment plans.

Mental Illness: Organic disorder of the brain or a clinically significant disorder of thought, mood, perception, orientation, memory or behavior.

Mentally Ill and Chemically Dependent (MI/CD): A “dual diagnosis” of at least one form of mental illness and at least one substance use disorder.

MinnesotaCare: A program that provides access to health coverage for lower income persons. MinnesotaCare, which charges enrollment premiums based on household income, is operationally distinct from Minnesota's Medicaid program.

Ombudsman: Independent governmental official who receives complaints against government (and government-regulated) agencies and/or its officials from aggrieved persons, who investigates, and who if the complaints are justified, makes recommendations to remedy the complaints.

Personal Care Assistant (PCA): Assistance and support to eligible persons with disabilities and special health care needs, who live independently in the community. Services are provided by a qualified PCA and may be provided in the person's own home or in the community.

Prepaid Medical Assistance Program (PMAP): A program in which the state contracts with health plans to cover and manage health care services for Medical Assistance enrollees.

Protection and Advocacy (P & A): Federally funded organizations located in every state that protect the rights of persons with developmental disabilities. In Minnesota, the Disability Law Center is the designated Protection and Advocacy agency.

Psychiatrist: A Physician who specializes in psychiatry and is certified in treating mental disorders.

Psychologist: A Mental Health professional with special training to listen to people with problems and help them to resolve their problems.

Self-Determination: Person, or his or her authorized representative, makes his/her own decisions, plans his/her own future, determines how money is spent for his/her supports and takes responsibility for the decision he/she makes.

Serious and Persistent Mental Illness (SPMI): Adult with serious and persistent mental illness means a person 18 years of age or older who has serious and persistent mental illness as defined in Minnesota Statutes, section [245.462](#), subdivision 20, paragraph (c).

Sliding Fee Scale: Payment to a provider based on a percentage of income.

Special Needs BasicCare (SNBC): is a voluntary managed care program for people with disabilities ages 18 through 64 who have Medical Assistance. Enrollees may have a care coordinator or navigator to help them get health care and support services. SNBC health plans coordinate with other payers including Medicare Parts A, B and D coverage for enrollees who have that coverage.

Spenddown: Amount of money that a person enrolled in a Minnesota Health Care Program (MHCP) is responsible to pay before they are eligible for Medical Assistance (MA).

State Medical Review Team (SMRT): Division of the Department of Human Services who makes blind and disability determinations using criteria from the Social Security Administration. SMRT determines disability status for: individuals whose application for SSI or RSDI is pending and individuals who are disabled but are not eligible for SSI or RSDI.

Subsidy: A pre-determined amount of funding given to a private company to decrease expenses

*Please contact the CommUNITY Adult Mental Health Initiative's Housing Coordinator
with any updated information by emailing CAMHI@co.benton.mn.us*

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The information contained in the Central MN Housing Resource Guide is thought to be reliable but is not guaranteed to be accurate. It is compiled from provider descriptions of their own services as well as other public data sources and is subject to change without further notice.