



CentraCareTM
PRESENTS:



Question
Persuade
Refer

When:

Friday, October 8
11:30am - 1:00pm

Where:

Virtually on ZOOM

Cost: FREE

How to Register:

qpr-st-cloud.eventbrite.com

More Information:

Call (612) 351-2080

***Spaces are limited
Register TODAY!***

**Gatekeeper[®] Training
For Suicide Prevention**

QPR - the 3 simple steps anyone can
learn to help save a life from suicide.

What is a Gatekeeper?

Anyone in a position to recognize a crisis
and the warning signs that someone may
Be contemplating suicide. Parents, friends,
neighbors, teachers, ministers, doctors,
nurses, foremen, police, caseworkers,
firefighters, and many others.

People trained in QPR learn how to recognize
the warning signs of suicide crisis and how to
question, persuade, and refer someone to help.

**Early Recognition of suicide signs reduces
the social distance created by negative
Attitudes and perceptions of individuals
with mental illness.**

**QPR Training
is**



TRAINING



DELIVERED BY:

PEER-SUPPORT

POWERED