A SUPPORT GROUP FOR
THOSE WITH INVISIBLE DISABILITIES

COME SHARE your experiences or just come to listen. This is not only for the person with an invisible disability, but also caregivers and family. Meetings are run by survivors of disabilities,

- ♦ PTSD
- ♦ Anxiety
- ♦ TBI – Traumatic Brain Injury
- ♦ Epilepsy
- ♦ Chronic Fatigue Syndrome
- ♦ etc.

WHERE: Whitney Senior Center's Kelly Room

WHEN: The first meeting will be Thursday, April 8 at 3 PM.

Park on the east side of the Whitney Senior Center.

MEETING RULES:

- ♦ Confidentiality is a must!
- ♦ Social distancing and wearing masks will be required.
- ♦ Bring your own non-alcoholic beverage (due to COVID)

To register contact Jean Johnson at **mneagle2@gmail.com**, *OR call her at* ***(320) 267-5552*** *AND please write the topic in the email's subject line, if calling leave a message with topic and phone number- so I don't think you are spam.*