## PEOPLE MENTAL HEALTH INCORPORATED SERVICES

# Motivational Interviewing Principles, Spirit, Processes and Skills 6.0 CEUs

Monday, October 8 9:00 AM — 4:00 PM (Registration from 8:30-9:00am)

### Sourcewell, 202 12th St NE Staples, MN

#### Register at: https://www.eventbrite.com/e/motivationalinterviewing-tickets-49928737197

Examine the spirit, principles, processes, and skills of Motivational Interviewing by exploring the common patterns of change conversations. Verbal drills and written exercises will help the participant develop a guiding style in conversations where the other person is ambivalent about change.

For more information, contact **Jode Freyholtz London**at jode@mnwitw.org or 218-296-2067.

#### Trainer Russ Turner

MA, MS, Senior Training Manager at People Incorporated Training Institute



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